

Unlock the ability to spot danger before it strikes! This seminar reveals the early warning signs that someone may be gearing up to attack, flee, or even lie to you. You'll learn how stress hormones like cortisol and adrenaline trigger the body's uncontrollable "fight or flight" responses—and how those signals show up in ways you can see if you know what to look for. With powerful insights, practical tips, and plenty of real video examples, you'll gain a new skillset that gives you an edge in de-escalation, avoidance, and defense. Don't miss the chance to develop your own real-life superpower!

Register Today @ NebraskaKMA.com

Kassebaum's Martial Arts 2111 Harvell Drive Bellevue, NE 68005 (402) 826-7448